



**1-800-524-5427**

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**www.icswaco.com**

P.O. Box 21056 Waco, TX 76702-1056



## Medi-First Sinus Pain & Pressure

SKU: 81933, 81913



Fast relief from congestion, nasal secretions and sinus pressure associated with common cold and upper respiratory conditions. Relieves aches and pains associated with colds & flu. Reduces fever.

- Unit dose, tamper-evident packets
- English and Spanish labeling where possible
- PACKAGING IS FOR HOUSEHOLDS WITHOUT YOUNG CHILDREN

**Each tablet contains:**  
 Acetaminophen 500 mg  
 Phenylephrine HCl 5 mg

<b>Pack</b>	81933: 2/PACK, 50 PACKS/BOX 81913: 2/PACK, 250 PACKS/BOX
<b>Weight</b>	81933: .1937 lbs. 81913: 1.75 lbs.
<b>Ingredients</b>	<p><b>Active ingredient (in each tablet):</b> Acetaminophen 500 mg  <b>Purpose:</b> Pain reliever/ fever reducer</p> <p><b>Active ingredient (in each tablet):</b> Phenylephrine HCl 5 mg  <b>Purpose:</b> Nasal decongestant</p> <p><b>Inactive ingredients*</b>          corn starch, crospovidone*, FD&amp;C blue #1*, hypromellose*, microcrystalline cellulose, polyethylene glycol*, povidone, sodium starch glycolate*, stearic acid  <i>*may contain</i></p>
<b>Uses</b>	<p><b>Temporarily relieves nasal congestion due to</b></p> <ul style="list-style-type: none"> <li>• common cold</li> <li>• hay fever or other respiratory allergies</li> </ul> <p><b>Temporarily</b></p> <ul style="list-style-type: none"> <li>• promotes nasal and/or sinus drainage; relieves sinus congestion and pressure</li> <li>• reduces fever</li> </ul> <p><b>Temporarily relieves minor aches and pains associated with</b></p> <ul style="list-style-type: none"> <li>• headache</li> <li>• muscular aches</li> <li>• minor arthritis pain</li> <li>• common cold</li> <li>• toothache</li> <li>• menstrual cramps</li> </ul>
<b>Directions</b>	<p><b>Adults and children: (12 years and older)</b> Take 2 tablets every 6 hours. Do not take more than 8 tablets in 24 hours.</p> <p><b>Children under 12 years:</b> Do not give this adult strength product to children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage.</p>



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<p><b>Other Information</b></p>	<ul style="list-style-type: none"> <li>• store at room temperature 59°-86°F (15°-30°C)</li> <li>• tamper-evident sealed packets</li> <li>• do not use any opened or torn packets</li> <li>• avoid excessive heat and humidity</li> </ul>
<p><b>Warnings</b></p>	<p><b>Liver warning:</b> This product contains acetaminophen. Severe liver damage may occur if you take:</p> <ul style="list-style-type: none"> <li>• more than 4,000 mg of acetaminophen in 24 hours</li> <li>• with other drugs containing acetaminophen</li> <li>• 3 or more alcoholic drinks every day while using this product</li> </ul> <p><b>Allergy alert:</b> Acetaminophen may cause severe skin reactions. Symptoms may include:</p> <ul style="list-style-type: none"> <li>• skin reddening</li> <li>• blisters</li> <li>• rash</li> </ul> <p>If a skin reaction occurs, stop use and seek medical help right away.</p> <p><b>Do not use</b></p> <ul style="list-style-type: none"> <li>• with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.</li> <li>• for more than 10 days for pain unless directed by a doctor</li> <li>• for more than 3 days for fever unless directed by a doctor</li> <li>• if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or motional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</li> </ul> <p><b>Ask a doctor before use if you have</b></p> <ul style="list-style-type: none"> <li>• liver disease</li> <li>• thyroid disease</li> <li>• diabetes</li> <li>• high blood pressure</li> <li>• heart disease</li> <li>• difficulty in urination due to enlargement of the prostate gland</li> </ul> <p><b>Ask a doctor or pharmacist before use if you are</b></p> <ul style="list-style-type: none"> <li>• taking the blood thinning drug warfarin</li> </ul> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>• symptoms do not improve within 7 days or are accompanied by a fever</li> <li>• pain or fever persists or gets worse</li> <li>• redness or swelling is present</li> <li>• any new symptoms appear</li> </ul> <p><b>Do not exceed recommended dosage</b> If nervousness, dizziness or sleeplessness occur, discontinue use and consult a doctor.</p> <p><b>If pregnant or breast-feeding,</b> ask a health professional before use.</p> <p><b>Keep out of reach of children.</b></p> <p>In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.</p>